

Proposed Tour Dates 18<sup>th</sup> March – 1<sup>st</sup> April 2012  
Presented by Uplift Tours and Travel

**Join Uplift Tours and Travel and Sea English Academy on this unique and exciting 15-day tour of Chiang Rai & Chiang Mai. Featuring 5 days teaching among the friendly local Thai people.**

**Day 1**  
**Friday 18 March 2012** **Brisbane to Bangkok** **In-flight Meals**

Our Thailand teaching experience and adventure begins with our flight to Bangkok. As our flight arrives this evening, we will spend the night at an airport hotel before continuing on to Chiang Rai tomorrow.  
**Accommodation at Novotel Suvarnabhumi Airport Hotel**

**Day 2**  
**Saturday 19 March 2012** **Bangkok-Chiang Rai** **In-flight Meals L/D**

Departing Bangkok this morning we can sit back and relax on our flight to Chiang Rai. On arrival, our 'meet and greet' representative will assist with our transfer to our hotel. The rest of the day will be ours to explore at our own pace and leisure.  
**Accommodation at Luck Sawan Resort**

**Day 3**  
**Sunday 20 March 2012** **Chiang Rai** **B/L/D**

This morning after breakfast, we have orientation with Sea English Academy. Our Orientation will inform is about our teaching groups, students and requirements. We will be briefed on lesson preparation and cultural information for our stay.  
**Accommodation at Luck Sawan Resort**

**Days 4 - 8**  
**Monday 21 – Friday 25 March 2012** **Chiang Rai** **B/L /D**

After breakfast, we break up into our teaching groups and head off to our teaching destinations. A packed lunch will be provided. On completion of our teaching day, we will regroup to report feedback and discuss the day's encounters. After having enjoyed our students and imparted plenty of laughter and lessons, preparation time is given to prepare for the next day.  
**Accommodation at Luck Sawan Resort**

**Day 9**  
**Saturday 26 March 2012** **Chiang Rai** **B/L/D**

A fantastic experience awaits us today: firstly we enjoy a 1 hour long tailed speedboat journey on the Mae Kok to the Karen hilltribe village. The village is where we meet our elephants and we commence our 2 hours of trekking up and down hills and into the woods to a Yao hill tribe village. We visit with the Yao and Akha hill tribe before trekking to the waterfall where there is an opportunity to swim and take a short rest before returning to the hotel via the Chiang Rai Handicraft Centre.  
**Accommodation at Luck Sawan Resort**

**Uplift Tours and Travel**

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**Sea English Academy**

Maroochydore: + 61 7 5479 0001

Caboolture: + 61 7 5495 2900

W: [www.seaenglishacademy.com](http://www.seaenglishacademy.com)

Day 10

**Sunday 27 March 2012**

**Chiang Rai**

**B /L/D**

After breakfast, we depart for Mae Sai, the Thai-Burmese trading border. We cross the Sai River into Tha Chitek, (a Burmese border town) and witness local Burmese life in a nearby village. We take a rickshaw to explore Tha Chitek with its Shan style temple. Ride around the town through lanes and side streets of Tha Chitek before ending at a local market, famous for products from Southern China, Burma, and Laos.

Lunch is enjoyed at a local restaurant before visiting the Golden Triangle, where the borders of Thailand, Burma and Laos meet. Take a long-tail boat trip to view the splendour of the mighty Mae Khong River joining the Ruak River and forming the "triangle" with Laos, Burma, and Thailand.

**Accommodation at Luck Sawan resort**

Day 11

**Monday 28 March 2012**

**Chiang Rai-Chiang Mai**

**B /L**

Today we transfer from Chiang Rai to Chiang Mai by private air-conditioned coach. When we reach Chiang Mai, we enjoy lunch at the Jungle Flight (Canopy) Camp. This is Chiang Mai's newest attraction! Located atop one of Thailand's 5 highest mountains... we will soar through the jungle and have the adventure of a lifetime as we fly over 6km of the Longest, Highest and Fastest Zip-lines and activities. We enjoy over 34 platforms and activity stations as we explore one of earth's most precious eco-systems high in the treetops 50m above the Rainforest floor.

**Accommodation at Empress Chiang Mai Hotel**

Day 12

**Tuesday 29 March 2012**

**Chiang Mai**

**B/L**

This morning is ours to do as we please. In the afternoon we enjoy lunch at a local restaurant before touring the Chiang Mai city temples. The city of Chiang Mai has a wealth of beautiful and historic Buddhist Wats (temples), 36 Wats within the old city and many more in the surrounding countryside. Visits are made to a selection of the most fascinating. Near the summit of Doi Suthep, a 1,500m peak which is named after the hermit Sudeva who lived on the mountain's slopes for many years, is the 600-year-old temple of WAT PHRA THAT Doi Suthep. After a drive up the mountain's winding road, the final climb to the site is an enormous mythological Nagas (Dragon-headed serpent) with a staircase of 306 steps. Inside the cloister is an intriguing copper-plated Chedi topped by a five-tier gold parasol, which contains relics of the Buddha. On a clear day, there are incomparable views over the city of Chiang Mai from the temple grounds. Other temples visited on our tour include WAT SUAN DOK whose large central stupa contains a Buddha relic which supposedly self-multiplied! And WAT CHEDI LUANG, which consists of an impressive Chedi, originally built in 1411. It reached a height of 60m. This temple also contains the city pillar.

**Accommodation at Empress Chiang Mai Hotel**

Day 13

**Wednesday 30 March 2012**

**Chiang Mai**

**B**

Learn to cook the Thai way with a full day cooking course at Baan Hong Nual. This course is conducted by an English-speaking teacher and includes a visit to a local market, a cook book to take home with you, lunch, water, tea and coffee. We'll roll up our sleeves and try our hand at cooking the famous food and desserts of the country. Gather herbs and local vegetables from the garden and prepare them to create various types of mouth-watering dishes. During the course, we will gain a sound knowledge about local herbs and ingredients. We will then be ready to prepare and cook delicious Thai food for our friends and loved ones back home. After a full day of learning, we enjoy a Graduation Dinner hosted by Sea English Academy at the Gallery Restaurant (please note drinks are at your own expense).

**Accommodation at Empress Chiang Mai Hotel**

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Day 14

**Thursday 31 March 2012**

**Chiang Mai to Brisbane**

**B/ In-flight Meals**

Today our wonderful Thai experience comes to an end. After breakfast we have a day of leisure with a late check out from the Empress Chiang Mai hotel. After checkout we transfer to the airport for our return flight home to Australia.

Day 15

**Friday 01 April 2012**

**Brisbane**

Home sweet home! We arrive back into Brisbane on a morning flight.

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## SPECIAL GROUP PRICE

Number of Passengers <i>Minimum 16</i>	Cost per Person in Australian Dollars
<b>Per Person</b> (based on twin share)	\$5,305.00 + approx taxes \$285.00 or \$4,000.00 + approx taxes \$285.00 for those not doing the TESOL course
<b>Single Supplement</b>	\$369.00

### IMPORTANT NOTES

- Itinerary and costs are correct at time of printing and subject to change without notice.
- All bookings are subject to final confirmation.
- Prices only guaranteed once full payment is received.
- Cancellation fees will apply.
- Travel Insurance is strongly recommended.

### INCLUSIONS

1. Economy class air travel with Thai Airways excluding taxes.
2. Twin share accommodation with private facilities where indicated on the itinerary and including service charges. Single room at supplement cost.
3. Transfers between airport and hotel as indicated in the itinerary including the services of an English-speaking guide.
4. Sightseeing including entrance fees as specified in the itinerary including the services of an English-speaking guide.
5. Meals as specified in the itinerary.

### EXCLUSIONS

Insurance, excess baggage charges and gratuities. Meals not specified. Items of a personal nature such as laundry, dry-cleaning. Incidental expenses, taxi fare where not part of a regular transfer.